Supplies:

Watercolor block - Aquarelle Arches, fine, cold pressed 7 x 10"

Or, 140 lb paper, 20 sheets

Purchase block paper online (Utrecht Art Store)

Block is very useful because the paper is securely held for working out doors.

Feel free to use another size to work in

I prefer a slight texture, but the block does come in satin (smooth/no little bumps). I do not recommend excessive bumps/course grain.

Paints - watercolors - a basic palette of 8 colors or more

Student grade are fine

No particular brand. I use cakes, but tubes are fine.

Portability

Portable chair if uncomfortable sitting on the ground

Towel to sit on

Plastic container for water

At least 3 watercolor brushes (fine tip for line drawing and detail, medium sized, and a bigger brush for wide strokes or washes.

Small notebook for writing and notes

Camera (optional)

Hat and sun protection

Something to nibble on if you tend to get hungry while inspired