**ART JOURNALING SUPPLY LIST**

Other than the paper materials, a few drawing tools (pencils/pens) & a small handful of colors to work with (markers or paint), it isn’t necessary to buy ALL that is listed below, though you will have greater ease of enjoying & exploring – which we will be doing a lot of—if you do have some of these supplies at hand instead of hoping to borrow from others.

It is also encouraged to use art supplies that you already have. Trying out new supplies is fun & addictive but can also be quite costly. Any art supplies with an \*asterisk indicates a low-cost option so you have something basic to get started with.

Ultimately, you will find what YOU like as you experiment with various supplies & brands. Below is what I use & suggest.

**PAPER:**

*Art journal:*

I use a 11x 14 Strathmore but anything made with “mixed media” paper will do. If the paper is under 90lb. weight, the materials tend to bleed through or tear the paper.

Also, find a journal that will lay flat when you open it so you do not get frustrated with trying to keep it open while art-making. Larger journals are better/easier for the work we will be doing together, so keep that in mind.

*Collected Imagery:*

A collection of images that appeal to you: magazine cutouts, photographs, & anything that stands out from the daily paper flotsam of your life.

Please include images of yourself if possible.

& be sure to make photocopies of the images you love so you can re-use them. Do make several copies of at least two of the images for a prompt we will do in class.

*Collected Words:*

Text cut from magazines, books, brochures, etc.

Words/sayings/quotes/poems you’ve typed & printed in various fonts & sizes.

*Ephemera:*

Tissue paper, giftwrap, wallpaper scraps, book pages, maps, sewing pattern paper, any paper with favorite imagery, printed napkins, old tags, fabrics, yarn, stickers, etc…

*Texture/stamping tools:*

Bubble wrap (6 x6 square is good), jar caps, toilet paper rolls pencils with eraser tops, corrugated cardboard, paper doilies… you get the idea.

*Old magazines*

*Adhesives:*

One or more of these options: Gel medium, tape, glue stick, double-sided scrapbooking tape.

*Scissors*

**COLOR:**

*Pens, Pencils & Markers:*

Sharpies, waterproof artist pens in white & black (I like Faber Castell), Stabilo woody pencils, watercolor pencils.

*Paint:*

Acrylics. Fluid & soft body acrylics are ideal. (Golden Fluid & Liquitex soft bodied paints are great but any brand is fine). White, Black, 3-5 cool colors (blues & greens) 3-5 warm colors (yellows, reds & oranges).

Acrylic inks in spray bottle.

\*Watercolors of any sort

\**Oil pastels*

**MISCELLANEOUS:**

*Foam & paint brushes.*

*Wax paper*

*Spray bottle*

*Painting palette*

*Old rag or paper towels*

*Brayer (2” – 4” width will do)*

*Apron (for those that tend to be messy & want to stay clean)*

*Latex gloves (for those that hate to get messy)*

*Alphabet stamps/stencils/stickers*

*Black archival ink pad (& any other color that calls to you)*

*Heat gun (embossing gun)*