

# Still Life Painting Workshop with Samuel Alvarez – Materials List

## Medium

The recommended medium for this workshop is oil paint. Other mediums are welcome, but instruction will focus on oils.

## Paints

Any artist/professional-grade oil paints are suitable.

Recommended palette:

Titanium White

Cadmium Lemon

Cadmium Yellow

Cadmium Orange

Cadmium Red

Permanent Rose (or Alizarin Crimson)

Burnt Sienna

Raw Umber

Ultramarine Blue

Ivory Black (optional)

## Medium & Solvents

Odorless mineral spirits or refined turpentine • Linseed oil (or Galkyd Lite)

Small container or palette cup • Jar or brush washer

## Brushes

A mix of bristle and/or synthetic brushes:

2–3 small (rounds/flats) • 3–4 medium (filberts/flats). • 1–2 larger brushes

## Surfaces

Canvas or panels (oil- or acrylic-primed) • Suggested sizes: 8x10, 9x12, or 12x16  
(Panels are often easiest for still life work)

## Essentials

Palette (wood, glass, or disposable), Palette knife, Paper towels or rags

## Optional

Easel (tabletop or standing) Standard 'A' frame easels will be available at the Studios of Key West.

Apron / painting clothes

Sketchbook + pencil

## Still Life Objects

Students are encouraged to bring 1–3 personal objects (optional) to create a more personalized setup.

A variety of objects will also be provided.

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